

## WE COULD USE A FEW THINGS

Hope House continues to rely on the generosity of its friends to make the process of recovery as comfortable as possible for our clients. Here's a list of the things we can always use:

- Twin Size Blankets
- Twin Size Sheet Sets
- Bath Towels
- New Socks and Underwear
- Winter Jackets
- Winter Clothing
- Bureaus

For more information, or to schedule a drop off of donated items, contact Paul Yates at 617-267-4673.

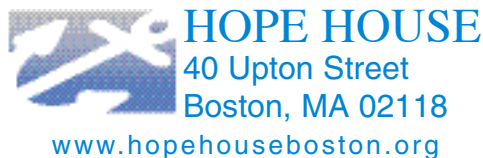
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## A New Home for Hope House

will serve to visually reconnect two existing residential buildings on the block that were stranded over the years as industrial and commercial buildings gradually overtook the neighborhood.

The \$13 million project is being funded from a variety of public and private sources, including the re-investment of proceeds from the sale of the five South End buildings currently owned and occupied by Hope House. Grants and pledges totaling \$8.5 million have been secured so far.

A capital fundraising campaign will commence in early 2007.



On the road to recovery, there is hope.

# The Anchor

HOPE HOUSE Recovery home for men Newsletter

A New Home for Hope House

## HOPE HOUSE TO RELOCATE TO AN EXPANDED \$13 MILLION FACILITY IN LOWER ROXBURY

Citing a need for more room and better efficiencies in serving the needs of its recovering clients, Hope House will begin construction this summer on a brand new 35,000 sq. ft. residential recovery facility at the corner of Farnham and Hampden streets in the Lower Roxbury neighborhood of Boston.

Development plans call for a new four-story main building housing 80 beds, as well as a modern kitchen facility, common dining room, meeting and counseling rooms and staff offices. Adjacent to the main facility will be a newly-constructed rooming house containing 22 single-occupancy rooms, which will house recovery home graduates who request continued care after completing their initial program.

In October, the project was awarded preliminary approval by the Boston Redevelopment Authority. Various business and neighborhood leaders in the area have also responded positively to the plans.

Hope House executive director Tom Duffly says the new facility will consolidate programming and operations under one roof, allowing Boston's oldest residential recovery program to serve

more clients, and to deliver services more efficiently.

"Since its founding in 1955, Hope House has grown by adding a building here and a building there as the need arose," said Duffly.

"Eventually, operating out of multiple unconnected buildings – in our case, five individual townhouses spread around the South End – presents real operational challenges. This new facility will allow us to focus more attention and resources around helping our clients get on their road to recovery."

In December of 2005, with funding from The Community Economic Development Assistance Corp., Hope House acquired the five adjacent parcels in a largely industrial area on which the new facility will be built. An existing warehouse on one of the parcels will be restored and integrated into the development plan. Two other abandoned commercial structures on the site will be removed.

The "retro loft style" exterior of the new building will complement the surrounding neighborhood, bridging the gap between residential and industrial design with

simple, clean lines. The interior design will emphasize the residential nature of the program.

Plans call for a "green" building with new energy-saving technologies. The streetscape will be enhanced with trees and planters.

When completed, the new Hope House  
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*An architect's rendering of the new Hope House shows a blend of old and new. An existing warehouse will be renovated and connected to a new four-story structure with an entrance on Farnham St.*

## FROM THE EXECUTIVE DIRECTOR'S DESK

We turned fifty last year  
And have good news to print  
The next fifty have started  
We're off with a sprint

So welcome to The Anchor  
Our new Hope House letter  
We will keep you informed  
As we get better and better

As to where we are going  
With the new building and programs  
And how we are doing  
With all of our great plans

About the anniversary gala  
And website and such  
And throw in some humor  
So please keep in touch

To graduates all  
And to friends old and new  
Please come join our team  
As we build Hope House Two

We need your support  
We are counting on YOU!



Tom Duffly  
Doggerel Poet and Executive Director



*Some of the members of the Hope House staff took a moment from their busy schedules recently to pose for this handsome group photo outside the main office.*

## MISSION OF HOPE HOUSE

Our goal is to provide effective recovery treatment for alcoholism and drug addiction in a safe and secure community-based setting so that each of our residents may live a substance-free life, reunite with his family, obtain a meaningful job and become a productive member of his community.

## SAVE THE DATE:

Hope House 50th Anniversary Gala Celebration!

When: Thursday evening, March 22, 2007

Where: Venezia Restaurant, Dorchester, MA

What: Gala reception, dinner and a few very "entertaining" guests!

Join us as we celebrate the success of our first 50 years, and kick-off the next 50...

Coming soon: your printed invitation in the mail.  
Hope to see you there!



Staff Focus: Clinical Director

## JOHN KOHLER BRINGS LESSONS OF TEAMWORK LEARNED ON THE BALL FIELD

It's not that unusual for someone working as a counselor in the field of alcohol and addiction recovery to have a framed copy of the Serenity Prayer displayed in plain sight somewhere in his office.

But visitors to the office of Hope House clinical director John Kohler on Upton Street will notice a surprising twist to the ritual verse – one of the copies of the prayer he displays is rendered in the native language of the Micmac Indian tribe.

Although John's ancestral ties to the northern New England and Canadian tribe are distant, he is proud of the connection, and enjoys being reminded everyday of his family roots. In fact, his Native American heritage is just one facet of this man's fascinating and varied background.

Over the years, John has played championship-caliber football in high school (Boston English) and college (University of South Dakota); was a third-round draft pick of the Denver Broncos (later to be picked up by the New England Patriots); spent five years in Alaska working on the Alaskan oil pipeline; started a seafood processing company with three Japanese business partners; and ran a subcontracting business between teaching stints in the Boston public schools.

But it was the one-on-one, personal interactions with the people he met and worked with along the way that made him realize he was a "people person."

In 1986, John enrolled in New Hampshire College and completed a master's degree in human services with a focus on alcohol and drug treatment. He eventually closed his subcontracting business in 1993 after taking a job as an evening counselor at the Faxon-Quincy Detox Center. He quickly realized he had found his true calling, and was promoted to director of counseling two years later.

"We were a team of counselors who handled up to 3,000 clients a year there," said John. "In many ways, the teamwork that was required to run the Center reminded me of my football experiences – a team of individuals with different roles and responsibilities, all coming together for a common goal." Today, John's championship home team includes his wife Sylvia and their children Anna and Cameron.

Since his appointment as clinical director of Hope House in 2004, John has stressed this same approach with the nine counselors on staff. "We're all on the same page here, philosophically," he says. "We do whatever we can – every day – to help the men with addictions we serve to get their lives back on the right track.

"Every person on the Hope House clinical staff is a true professional – smart, compassionate and extremely dedicated to the field. I think it's a testament to this organization's legacy and approach that some staff members have been with us for nearly 15 years.

"But the real victory," says John, "is when we've succeeded in helping a client stay sober, get job counseling, find a more permanent place to live and secure a meaningful job. To me, that kind of 'win' is better than anything you'll achieve on a playing field."



*As clinical director of Hope House, John Kohler brings a wealth of experiences and an easy personality to his day-to-day management and counseling duties.*